

Lasagna Gardening

Article 1

Lasagna Gardens are the Latest Craze in Organic Gardening

Are you looking for a new way to garden? Perhaps you are growing weary of digging and tilling the earth in your garden plots. Lasagna gardening is quickly becoming a popular form of gardening and it may just be what you need to revive your own **fruit, vegetable** or **flower garden!**

If you are like me, the first time you heard the phrase lasagna gardening you probably thought of a garden filled with oregano, basil and other herbs that add to the flavor of excellent lasagna. But that is definitely not what lasagna gardening is all about.

The main idea behind Lasagna Gardening islayering....layering....

The idea behind lasagna gardening is just like an actual lasagna; layers. The key ingredient to a lasagna garden is the creation of layers. The main idea behind Lasagna Gardening of layers. This type of gardening is typically all organic, with no protein added in any form. With this type of garden, there will be a very limited number of weeds, because there is no soil used.

Prepare soil for a Lasagna Garden?

To prepare a successful lasagna garden you will need to follow a few simple gardening tips. The first thing that you will need to do is select a location. The sunniest location in your yard will be the most appropriate place for lasagna gardening.

To prepare the soil, you do not need to do any preparation to your soil at all, do not remove the turf, rocks or dig up the earth in any way. The first thing to do to start lasagna gardening is to add a layer of very wet newspaper. Layer the newspaper with peat moss, and then a thick layer of organic material on top of the peat moss.

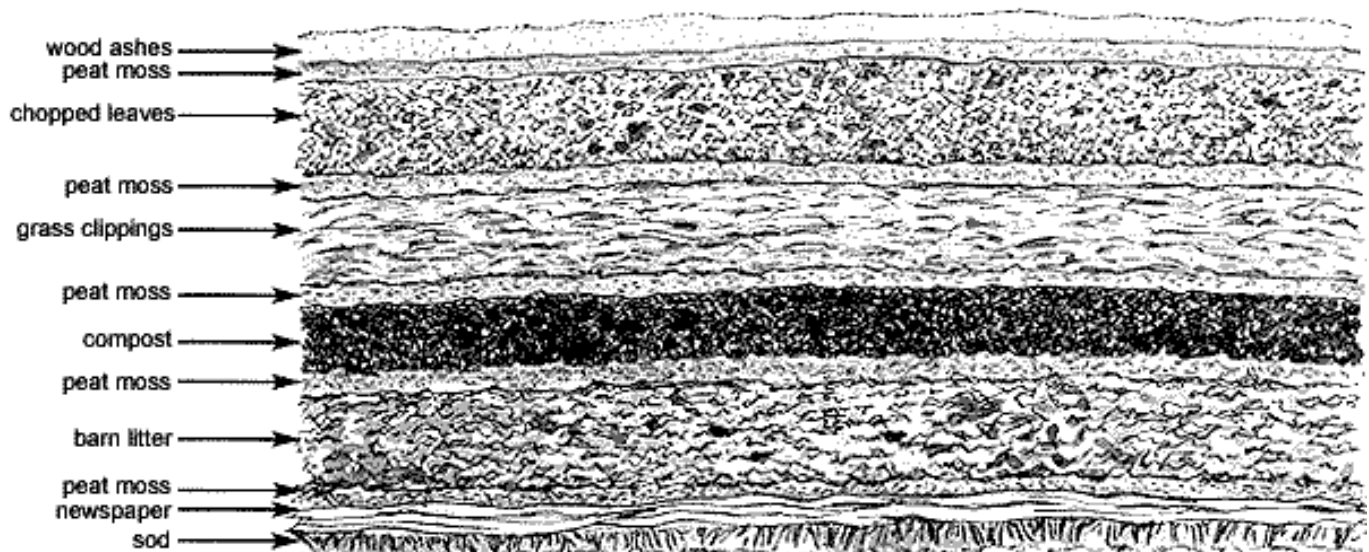
Just keep on layering your Lasagna Garden.

Continue layering with alternate layers of peat moss and organic material until your lasagna garden is thick enough. Water the garden until it has the consistency of a wet sponge. After that, all you need to do is plant your garden and mulch. It is very simple to maintain lasagna gardening; you simply keep mulching your garden.

And then..... mulch.

The type of mulch, or organic material that you use in lasagna gardening will depend on the area that you live and what you have readily available to you. But some common types are: grass clippings, leaves, manure, chopped up corn cobs, sawdust, wood ash, seaweed or kelp.

Almost everything grows well in a lasagna garden; however asparagus, tomatoes, beans, cucumbers, garlic, lettuce and potatoes do particularly well. With a little imagination, you can try anything while lasagna gardening, even those herbs that taste good in traditional lasagna!



The above shows a sample recipe for a finished lasagna bed, with alternating layers of peat moss and organic materials